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NEWS
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SHARING.



FBI to probe fatal shooting of black teen

Announcement follows unrest in Missouri after vigil for Michael Brown **PAGE 4**

Let Gaza kids in, doc urges

Gaza-born doctor calls on feds to let 100 Palestinian kids come to Ontario for treatment **PAGE 5**

Watermelon's dirty little secret

If by dirty you mean delicious, then yes. Check out the fruit's savoury side **PAGE 13**

NO TEARY RETURN TO T.O. FOR BOMBERS BOSS

MIKE O'SHEA IS FOCUSED AHEAD OF WINNIPEG'S MATCHUP AGAINST HIS FORMER TEAM **PAGE 14**



ROBIN WILLIAMS DEAD

Actor and comedian Robin Williams, pictured at the BAFTA Los Angeles 2011 Britannia Awards, has died in an apparent suicide. The Marin County Sheriff's Office said a preliminary investigation showed the cause of death to be a suicide due to asphyxia. For more coverage, see page 6.

PHOTO: FRAZER HARRISON/GETTY IMAGES FOR BAFTA LOS ANGELES; TEXT: THE ASSOCIATED PRESS

Mayoral rivals weigh in on the Steeves effect

Social media. Gord Steeves expected to comment Tuesday on wife's Facebook post

A candidate for the mayor's chair in Winnipeg continued to lay low Monday as some of his competitors called on him to clear the air over his wife's comments about aboriginal panhandlers.

Gord Steeves has not held any news conferences and has refused interview requests since last Friday when comments by his wife, Lorrie, were leaked online. In a 2010 Facebook post, she said she was tired of dealing with "drunken native guys" who collect welfare and harass working people for money.

Quoted

"If I decide to surround myself with people who are not of a good character, then I think it reflects on me."

Robert Falcon Ouellette on fellow mayoral hopeful Gord Steeves bearing some responsibility for his wife Lorrie Steeves' years-old Facebook post

Lorrie Steeves issued a short written apology Friday afternoon, but her husband has said nothing on the topic. His campaign team has said Steeves will address the situation at some point Tuesday.

That's a bit late, said fellow candidate Judy Wasylycia-Leis.

"I believe it is important for Gord Steeves to stand up and say it is not helpful for anyone

in this city to be casting disparaging remarks ... about a population in our city," she said. "If my husband should say something horrible ... I would not want to be held responsible for that. But I would be very embarrassed and it would feel very necessary to get out in front of it and say, 'I in no way accept or tolerate those kind of comments.'"

Another mayoral hopeful, Robert Falcon Ouellette, said Steeves should bear some responsibility for his wife's comments. "I think there is a certain level of responsibility about the people who you surround yourself with."

Another candidate, Brian Bowman, denounced Lorrie Steeves's remarks as hurtful and wrong, but wouldn't comment on whether her husband should be accountable.

THE CANADIAN PRESS



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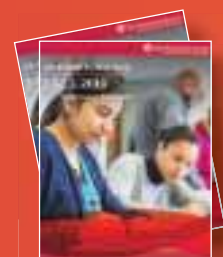
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More than 25 feet tall

Public art installed on Waterfront Dr.



High Five is now up at Waterfront Drive. SHANE GIBSON/METRO

Winnipeg's public art collection is growing.

High Five, a new piece by former Winnipegger Jennifer Stillwell, has been installed on Waterfront Drive, near the ballpark.

"From a closer perspective the pieces can be considered as wings or fins in formation, while from distant points ... the piece flattens out and the shape becomes like an abstracted human hand," explained Stillwell in a news release.

"I wanted to create an artwork where image and meaning are not fixed but flexible." METRO

Lake Winnipeg

Sorry, they ain't musseled out yet

It appears Manitoba's fight against zebra mussels isn't over. Results from Lake Winnipeg have turned up a small number of larvae.

Earlier this summer, the province used potash in four harbours. Conservation and Water Stewardship Minister Gord Mackintosh says while the treatment was successful and slowed the spread of the mussels, a localized population exists outside the treated areas.

CRDM/CJOB/THE CANADIAN PRESS



City goes under the sea

Colleen Furlan as Ariel and Aadin Church as Sebastian walk onstage at Kildonan Park's Rainbow Stage for Disney's The Little Mermaid, which runs Aug. 13 to 29. The Winnipeg-born Furlan, 21, says playing the role of Ariel is a dream come true. BERNICE PONTANILLA/METRO

Phone scam. Watch out for callers threatening to cut off power: Manitoba Hydro

Manitoba Hydro is warning customers to be wary of callers claiming to be from the company, demanding payment after receiving reports about the phone scam.

The calls come from a toll-free number. The scammers ask a few questions before telling the customer their account is in arrears and a payment must be made or the power will be cut off.

The scammers say payment can be made through

What to do

Anyone who receives a similar call should hang up and call the Canadian Anti-Fraud Centre at 1-888-495-8501.

a local retailer, a PayPal account, by wiring a cash payment or by providing a credit card number.

METRO

Bowman vows to reopen intersection to foot traffic

Portage and Main.

Mayoral candidate promises to convince property owners



SHANE GIBSON
shane.gibson@metronews.ca

If elected mayor of Winnipeg, Brian Bowman says he'll open the city's most iconic corner to pedestrians.

At a press conference held at Portage and Main on Monday afternoon, Bowman told media he'd work with property owners to have the intersection reopened to foot traffic "as soon as possible," but no later than 2019.

"My objective is to get this open, and I'll make that a key priority," he said.

The intersection has been

shut down to pedestrians since 1979, when the property owners at the corner inked deals with the city to close it when the underground concourse opened.

Those agreements expire in 2019, but the property owners can opt to renew.

Bowman acknowledged he'd have to work closely with groups like Downtown Winnipeg BIZ to convince the property owners to reopen the street.

"I think (having) more bodies down here is going to be better for everybody," he said.

Bowman also said he'd work with downtown businesses to encourage them to do streetscaping in the area, and create park space using adjacent public spaces. He also vowed to develop a seasonal pedestrian mall in the Exchange District.



Mayoral candidate Brian Bowman on Monday said he'd work with property owners at the corner of Portage and Main to have the intersection reopened to pedestrians no later than 2019. SHANE GIBSON/METRO

1 NEWS

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TRANSIT TUESDAY

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A man leaves a store on Sunday in Ferguson, Mo. A few thousand people crammed a suburban St. Louis street Sunday night at a vigil for unarmed 18-year-old Michael Brown, who was shot and killed by a police officer. Afterward, several car windows were smashed and stores were looted as people carried away armloads of goods, as witnessed by an Associated Press reporter. THE ASSOCIATED PRESS

FBI opens probe into Michael Brown death

Ferguson, Missouri. Unarmed 18-year-old black man shot and killed by police officer

The FBI said it opened an investigation Monday into the fatal shooting of an unarmed black teenager by police in suburban St. Louis, a day after tension surrounding the case erupted in unrest following a candlelight vigil for the teen.

Questions loomed over the shooting of 18-year-old Michael Brown, who police said was unarmed and shot multiple times Saturday after an altercation with an officer in Ferguson. It's unclear whether Brown or a

man he was with was involved in the alleged scuffle, and authorities have been vague about what led an officer to open fire.

The killing drew criticism from some civil rights leaders, who referred to the 2012 racially charged case of 17-year-old Trayvon Martin. Martin was shot by a Florida neighbourhood watch organizer who was acquitted of murder charges.

Dorian Johnson told WALB-TV that he and Brown were walking home from a convenience store when a police officer told them to get out of the street and onto the sidewalk. Johnson said they kept walking, which caused the officer to confront them from his car and then outside his car.

Johnson said the officer

fired, and he and Brown were scared and ran away.

"He shot again, and once my friend felt that shot, he turned around and put his hands in the air and he started to get down," Johnson said. "But the officer still approached with his weapon drawn and fired several more shots."

"We wasn't causing harm to nobody. We had no weapons on us at all," said Johnson.

The St. Louis County Police Department, which is leading the investigation, refused to discuss Johnson's remarks, citing the ongoing investigation. But County Police Chief Jon Belmar has previously said that an officer encountered Brown and another man outside an apartment complex in Ferguson, and

that one of the men pushed the officer into his squad car and they struggled before the shooting.

The FBI is looking into possible civil rights violations arising from the shooting, said Cheryl Mimura, a spokeswoman for the FBI's St. Louis field office. But she noted that the FBI would be investigating such a shooting regardless of the public attention surrounding it.

Nearly three dozen people were arrested after tensions around the case following a candlelight vigil Sunday night, as crowds looted and burned stores, vandalized vehicles and taunted officers who tried to block access to parts of the city.

THE ASSOCIATED PRESS

Judge extends freeze on Ohio executions

A federal judge has extended a months-long moratorium on executions in Ohio into next year as questions mount about the effectiveness of a new, two-drug combination being used to carry out the death penalty.

The debate over the death penalty has been intensified in America and lethal injection has been under increased scrutiny after executions went awry in Ohio, Oklahoma and Arizona.

The Ohio ruling by federal judge Gregory Frost will delay executions scheduled for September, October and Novem-

ber and highlights the ongoing problem faced by states in obtaining drugs to put inmates to death.

The last moratorium was scheduled to expire this week.

The one-page order by Frost issued Friday extends it through Jan. 15. It affects Ohio's latest death penalty policy change, which was announced in late April and increases the amount of the sedative and painkiller Ohio uses.

Ohio's first choice for a drug is compounded pentobarbital, a specialty version

of the drug it used previously with few problems. But it has been unable to obtain supplies of compounded pentobarbital and so switched to its backup method of the sedative midazolam and the painkiller hydro-morphone.

Missouri and Texas both have supplies of compounded pentobarbital, though the states won't reveal their sources, and have used them to carry out several executions successfully in recent months. The two states are scheduled to carry out the country's next executions, both on Sept. 10.

Allen Bohnert, the lead defence attorney challenging the use of the two-drug method, declined to comment. A message was left with the state prisons agency.

Back in January, Ohio inmate Dennis McGuire snorted and gasped for 26 minutes before dying. A few months later, Clayton Lockett died of an apparent heart attack 43 minutes after his April execution began in Oklahoma, where officials have pointed to improper insertion of the needle delivering the drugs.

THE ASSOCIATED PRESS

Doctor calling on Ottawa to allow injured Gaza kids into Canada for treatment

'These children are in need.' Dr. Izzeldin Abuelaish says proposal has nothing to do with politics, only ethical and moral responsibility

The federal government should rethink their resistance to bringing severely injured children from war-torn Gaza to Canada for the medical treatment they need, a high-profile Palestinian doctor organizing the effort said Monday.

Izzeldin Abuelaish, whose three daughters died in the 2009 conflict in Gaza, is urging Foreign Affairs Minister John Baird to support a proposal to allow 100 wounded kids into Ontario, which is willing to treat them.

It has nothing to do with politics, the university professor said. There's an ethical and moral responsibility to help in times of need.

"Don't deprive the Canadian people, the Canadian professionals, of this opportunity," Abuelaish said in an interview. "Don't let it down."

Only Ottawa can provide the necessary visas for the children and their guardians, but the federal government suggests it may be better for Canadian doctors to travel to Gaza instead.

"Make no mistake, there is only one party responsible for the suffering of the Palestinian people, and that is the international terrorist group Hamas," Baird's spokesman Adam Hodge said in an email.



Dr. Izzeldin Abuelaish is urging the federal government to allow children wounded in Gaza to come to Canada for treatment, saying Gaza's health-care system is overwhelmed. ANDREW WALLACE/TORSTAR NEWS SERVICE FILE

Quoted

"This is humanitarian, Canadian; it's not ethnic, religious or any political cause. It's Canadian, under one flag — the red Maple Leaf flag."

Dr. Izzeldin Abuelaish, who says the federal government should rethink their resistance to bringing severely injured children from war-torn Gaza to Canada for medical treatment

The government is considering how best to deploy Canadian resources to assist, such as increasing capacity at hospitals in Gaza, Jordan and Israel, as well as field hospitals, to treat the wounded, Hodge said.

But Abuelaish said it would be difficult to ensure the safety

of Canadian doctors in Gaza, whose health-care system is severely damaged and overloaded with injured civilians, including thousands of children.

"It's urgent," he said. "These children are in need."

Doctors would take only children who are stable enough

to travel, Abuelaish said. The children would stay for a month or more until they're well enough to go back.

Many of them suffer from burns, amputations, disfigurements and other injuries that could receive the specialized care that wouldn't be available to them in Gaza, he said.

Ontario Health Minister Eric Hoskins, a physician who has worked in war zones, said the province is willing to treat injured children from Gaza and Israel. Five hospitals, including Toronto's Hospital for Sick Children, have said they're ready to help. **THE CANADIAN PRESS**

Toronto. Police look into bomb threat demanding Rob Ford quit as mayor

Police are investigating an email that threatens to bomb Toronto city hall unless Mayor Rob Ford resigns.

Ford showed the note to reporters on Monday, saying, "this is serious." He said police have been informed of the email, which was received by his brother, Coun. Doug Ford.

The threat warns city hall will "disappear from the map" if Ford doesn't quit.

THE CANADIAN PRESS



Rob Ford TORSTAR NEWS SERVICE FILE

Survey. Depression, PTSD, anxiety common among members of the military

Canada's number-crunching agency says about one in six members of the military have reported experiencing symptoms of mental or alcohol disorders.

Statistics Canada surveyed full-time regular members of the Canadian Forces last year.

The results showed nearly 17 per cent of those surveyed had experienced symptoms in the previous 12 months consistent with at least one of

a half-dozen disorders.

The Canadian Forces Mental Health Survey asked about major bouts of depression, post-traumatic stress disorder, incidents of anxiety or panic and alcohol abuse, as well as alcohol dependence.

The results are somewhat in line with the Canadian Mental Health Association's findings among the general population.

THE CANADIAN PRESS

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Oscar-winning actor, comedian dead at 63



Robin Williams. REED SAXON/THE ASSOCIATED PRESS

Robin Williams.
Hollywood legend pronounced dead in Marin County home, apparently due to suicide by asphyxiation

Robin Williams, the Academy Award winner and comic supernova whose explosions of pop culture riffs and impressions dazzled audiences for decades and made him a gleamy-eyed laureate for the Information Age, died Monday in an apparent suicide. He was 63.

Williams was pronounced dead at his home in California on Monday, according to the sheriff's office in Marin County, north of San Francisco. The sheriff's office said a preliminary investigation shows the cause of death to be a suicide due to asphyxia.

"This morning, I lost my husband and my best friend, while the world lost one of its most beloved artists and beautiful human beings. I am utterly heartbroken," said Williams' wife, Susan Schneider. "On behalf of Robin's family, we are asking for privacy during our time of profound grief. As he is remembered, it is our hope the focus will not be on Robin's death, but on the countless moments of joy and laughter he gave to millions."

Williams had been battling severe depression recently, said Mara Buxbaum, his press representative.

Williams shot to fame in the late '70s as the alien in TV's *Mork and Mindy*. He conquered the big screen in comic films such as *Good Morning, Vietnam* and *Mrs. Doubtfire*. But he won his Academy Award in a serious role — as the therapist in *Good Will Hunting*.

THE ASSOCIATED PRESS

Justin Bourque

Moncton shooter intended to target police

Justin Bourque admitted that he targeted police officers on the evening in June that he fatally shot three Mounties and injured two others in Moncton, N.B., using a semi-automatic weapon.

An agreed statement of facts filed with the Court of Queen's Bench says Bourque used a Poly Technologies Model M305, 308-calibre Winchester semi-automatic rifle in the shootings that happened between 7:18 p.m. and 8:13 p.m. on June 4.

Bourque pleaded guilty Friday in the Court of Queen's Bench in Moncton to three charges of first-degree murder and two counts of attempted murder.

The 24-year-old returns to court Oct. 27 when victim impact statements and pre-sentencing documents will be filed with the court.

THE CANADIAN PRESS

Turkey

Conjoined dolphin discovered

Turkish media reports say scientists will examine a two-headed dolphin that washed ashore in western Turkey.

The private Dogan news agency said the remains of a conjoined dolphin calf were discovered on a beach in Dikili, near the Aegean city of Izmir last week by a vacationing gym teacher.

Akdeniz University marine biologist Mehmet Gokoglu said the dolphin was an unusual and rare occurrence.

THE ASSOCIATED PRESS



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Are housing starts at 'unsustainable' levels?

Canada Mortgage and Housing Corp. Report finds new home building projects increased to a seasonally adjusted pace of 189,784 in July

Some economists warn that the surge in the number of new homes being built in Canada is unsustainable and could approach "worrying" levels if interest rates remain at the current level.

Canada Mortgage and Housing Corp. reported Monday that housing starts increased to a seasonally adjusted annual pace of 189,784 in July, compared with 185,952 in June.

Gains in urban starts were concentrated in Ontario and Atlantic Canada.

The Prairie provinces and Quebec all recorded declines and there were also modest de-



Some economists are worried by the fast pace of new homes being built in Canada. JUSTIN SULLIVAN/GETTY IMAGES

creases in British Columbia.

July's results mark the fifth consecutive monthly increase in new housing construction.

According to analysis from TD Economics, builders are tak-

ing cues from the current housing market, which is riding high on lower interest rates and solid growth in resale prices.

"This level of activity is unsustainable over the near

term, on account of an already moderate level of overbuilding as well as the likely gradual increase in interest rates," says TD economist Jonathan Bendiner.

THE CANADIAN PRESS

Shopping while black. Barneys settles racial profile case for \$525,000

Upscale American retailer Barneys has agreed to pay \$525,000 US to resolve allegations that minorities were singled out as suspected shoplifters at its flagship store, part of a spate of racial profiling complaints against major retailers last year.

Barneys shoppers and employees complained that detectives followed minority customers around — even after staffers identified them as frequent patrons — and disproportionately investigated their credit card use — so much so that some salespeople even avoided serving minority shoppers so as to avoid getting calls from store investigators, state Attorney General Eric Schneiderman said Monday.

Besides the \$525,000 in fines and expenses, Barneys will hire an "anti-profiling consultant" for two years, update its policy and record-keeping on detaining customers suspected of

Quoted

"(This is a) move in the right direction towards fairness and equal respect for all consumers, but we must monitor and continue to be vigilant."

Civil rights activist the Rev. Al Sharpton, said in a statement Monday regarding Barneys' agreement with the attorney general.

theft, and improve training of security and sales personnel.

"This agreement will correct a number of wrongs, both by fixing past policies and by monitoring the actions of Barneys and its employees to make sure that past mistakes are not repeated," Schneiderman said in a release.

Barneys CEO Mark Lee said in a statement that the company was pleased with the settlement, first reported by the Daily News.

THE ASSOCIATED PRESS

Can't buy love ... or loyalty

With competition fierce for consumer dollars, companies are pulling out all the stops to build loyalty, from cost-cutting and loyalty programs to shamelessly broadcasting the bestowment of gifts on surprised customers.

But marketing experts say these tactics don't work unless consumers actually like the product or service being reinforced.

"Basically, you're trying to buy friendship," says Ken Wong, a marketing professor at Queen's University. "You're trying to suggest to people that you're this good

guy bank or this good guy airline. But the reality is, if you want to be a good guy, give good service."

A recent online campaign by TD Bank featured a video with a talking ATM that gave unsuspecting customers free flight tickets, smartphones and surprise visits from Toronto Blue Jays outfielder Jose Bautista.

At 2 p.m. on the day the video premiered, tellers at more than a thousand TD branches across Canada distributed envelopes stashed with \$20 bills to unsuspecting customers.

In December 2013, WestJet's online video showing the airline company granting passengers their Christmas wishes went viral, racking up over 36 million views to date.

"It's a nice, cute event but it says nothing about what it's like to do business with these folks every day," says Wong.

The pressure stems from consumers that are much more selective in the products and services they want and willing to spend the time online to find the best price. THE CANADIAN PRESS

\$83,000+ in virtual currency

Hacker stole Bitcoins via a Canadian Internet provider

Researchers with a cyber security firm say they have uncovered that a hacker used access to a Canadian Internet provider to hijack large foreign networks, stealing more than \$83,000 US in virtual currency.

The U.S.-based Dell SecureWorks says the hacker operated between February and May 2014. It's believed

the hacker targeted hosting firms with servers that generate Bitcoin — including Amazon in the U.S. and OVH in France — and redirected some activity.

SecureWorks says the hacker likely worked alone and was in Canada, and could be a former or then-current employee of the ISP. The firm did not name the ISP, but says the "malicious activity" stopped after it handed the ISP its findings. SecureWorks did not go to the Canadian authorities, and it is not known if the ISP has identified the hacker. THE CANADIAN PRESS

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PEOPLE, U NEED 2 STOP IT!!! SMH

In today's fast-paced dating world of liking and swiping, poor texting habits can be an immediate deal-breaker.

According to a recent Digital Flirting Rules survey by Omlet — a new open messaging app developed by Stanford students — both men and women ranked informal spelling and funky abbreviations as their No. 1 turnoff when it comes to mobile messaging.

Multiple exclamation points, poor punctuation and grammar, all lower case words and acronyms (IDK, BRB, WTF) also ranked high on the list of chatting pet peeves among young adults.

Who knew we were so formal?

I guess ur cre8tive msgs might not B working 4 u after all.

A ubiquitous array of free and monetized apps and dating sites have radically changed the way we seek out and com-



SHE SAYS
Jessica Napier
metronews.ca

municate with our potential romantic partners.

Even if you actually manage to connect with a stranger IRL (in real life), followup flirtations are bound to happen between your devices. Which means early on in the relationship, your touchscreen courtship skills are just as important as in-person chemistry.

So if poor sentence structure and truncated words are irritating texting turnoffs — are we doing anything right?

Typing LOL after every sentence or using multiple exclamation points might come across as desperate (and annoying!!!), but research shows that cutesy emoticons are actually surprisingly lovable in reasonable doses.

According to Omlet's survey, 31 per cent of men and 38 per cent of women prefer to receive chat and text messages with multiple emoticons and emojis.

So feel free to pepper your correspondence with a casual thumbs-up or a flirty wink-face — just don't go overboard.

Excessive emojis are acceptable when swapping stories among friends, but you should probably resist the urge to spell out your first-date plans in a hieroglyphic paragraph of beer glasses and ramen-noodle bowls.

It's also advisable to avoid employing symbolic hearts to express real emotion, unless you're an eight-year-old.

Ultimately, timing is everything when it comes to digital communication. Frequency, followup speed and time of day are important considerations for both men and women who are pursuing a new relationship via their smartphone. And if you're really interested in someone, you should be taking the time to spell out your words and punctuate your sentences correctly.

And for goodness sake, let's all give up the Y2K-era text-speak; even the most lacklustre romantic prospect deserves better than a lazy and dated "c u l8er."

It's all good in Djerbahood



A woman looks at a mural by South African artist Faith47 that decorates a wall in the village of Erriadh, on the Tunisian island of Djerba, as part of Djerbahood. For more murals, scan this photo with your Metro News app. ALL PHOTOS JOEL SAGET/AFP/GETTY IMAGES

International mural project hits remote island town

- French-based Tunisian artist Mehdi Ben Cheikh has invited artists from all over the world to take part in an initiative to turn a district in a village on North Africa's largest island into an "open sky museum."
- The town of Erriadh, Djerba, in Tunisia, with its pale walls and charming architecture, provided the artists with the perfect backdrop and plenty of inspiration.
- Contributors include Belgian-based ROA, who made use of the town's many domed buildings to create an octopus, jellyfish and other creatures; France's C215, a.k.a. Christian Guémy, who contributed many delightful stencilled cats to post-office boxes and doors all over town; and South Africa's Faith47, whose work Hunt Her depicts an ethereal unicorn that looks like it has adorned the crumbling wall it sits on for centuries.

By the numbers

150

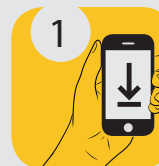
Thirty-four artists from 150 countries took part in the project.

Online

For more on the project, visit djerbahood.com.

METRO AUGMENTED REALITY

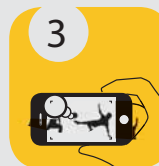
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In this issue, you can find AR enhancements on page 9 in Scene and page 13 in Life.

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2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
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MetroTube

A! Oh! Let's yo



ANDREW FIFIELD
andrew.fifield@metronews.ca

While the rest of us spent the weekend soaking up those precious drops of summer that will slowly slip away over the coming weeks, 18-year-old California wunderkind Gentry Stein was busy showing up his competition at the 2014 World Yo-Yo Contest in Prague with a dizzying, worrying performance of throws. Fair warning: If you're not into the music "the kids" are into these days, then you're REALLY not going to be into Gentry's selection here. So maybe dull your audio a bit. (c3yoyodesign YouTube)



SCREENGRAB

DVD review



Muppets Most Wanted

Director. James Bobin

Stars. Ricky Gervais, Ty Burrell, Tina Fey

• • • • •

It's not easy being a cash machine. Muppets Most Wanted makes this as plain as the nose on Miss Piggy's face. Just two films into the rebooted Muppets movie series, franchise fatigue is already setting in. All involved admit they don't really know where to go — except to the bank. The film is bookended by songs that parody the perils of following a hit, which The Muppets very much was in 2011. "Everybody knows the sequel's never quite as good," goes one line, and ain't it the truth? Missing in action are Jason Segel and Amy Adams, the human foils for Miss Piggy, Kermit the Frog, Fozzie Bear and the rest of the late Jim Henson's cloth-headed clowns. Segel's enthusiastic pen is also absent, leaving Nicholas Stoller, his co-writer from The Muppets, to do the heavy quipping on his own. Yet they get away with it, mostly. In the show-must-go-on style that's always been a Muppets mainstay, everybody gets down to business, confident that audience goodwill will see them through — and it often does.

PETER HOWELL

Jeff Bridges is a big fan of one certain kid novel

The Giver. Actor claims he's been trying to get beloved book onto the big screen for the past 18 years



NED
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Metro World News in Hollywood

Lois Lowry's 1993 hit young adult novel *The Giver* has a lot of die-hard fans, but possibly none as die-hard as Jeff Bridges ... No, really.

The Oscar-winning actor has been trying to get a film version of the book — about a future society where emotions and memories are controlled to keep the peace — for the past 18 years. Well, he finally got his wish.

You've been behind this film for a while. Is this a more personal project for you than some others you've done recently?

Yeah, I think so. I've been involved with it for about 18 years. I originally wanted to direct my father, Lloyd Bridges, in the film. As a matter of fact, somewhere we have a videotape of me doing just that. We read through the whole book, my dad played the Giver. Dylan, my brother's son, played Jonas, one of his sons shot it, my buddy Bud Cort narrated the whole thing, and we have that somewhere. Hopefully we'll break it out for the DVD.

What would you say was the biggest cause for delay in getting this movie made?



Jeff Bridges says years ago he made a home movie of *The Giver* with his father and nephew. CONTRIBUTED

I think the challenge of creating that world, for one thing. And also there's a certain danger element to the book. I thought it would be much easier than it turned out to be to get it made. I mean, 12 million copies sold in 21 countries, a Newbery (Medal) award-winning book, taught in schools ... But it's also on the banned books list, so it's quite controversial. A lot of people felt it was too risky for kids to know that information. There's sexual themes in it, a little bit of violence — but nothing compared to other movies that are out today. And then you have the euthanasia element, different things like that. And I

think that made the financiers question whether it would be accepted or not. And then movies like *Hunger Games* — which my understanding is they were inspired by *The Giver*, that book — their success really helped our movie get made.

Do you find now, since winning the Oscar, that you're being put in the "serious actor" niche?

Well now I've kind of taken that strategy of playing things differently and thrown that out the window. Now I just jam and do whatever. I'm not too concerned about my career anymore. I'm just kind

AUGMENTED REALITY

→ The creation of sameness? Scan this photo with your Metro News app for a clip of Jeff Bridges in the new film *The Giver*!



→ See the full instructions on Metro's Voices page.

of playing. I try to resist being engaged in anything because I know what it takes. And that's also been kind of my game plan, to kind of resist.

2 SCENE

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in the World
is here.



Trainor gives the skinny on Bass song

Booty beauty. Singer ecstatic that young girls have gravitated to her pop hit about body image and acceptance

Not everyone was initially All About That Bass.

Meghan Trainor, the 20-year-old who is having a pop-culture moment with the song about body acceptance, said she initially wrote the track and pitched it to other artists, but was turned away.

"Labels were like, 'We love it, but you have to reproduce it. You got to get it more synth-y, pop-y,'" said Trainor, who worked with producer Kevin Kadish on Bass. "We looked at each other like, 'Man, I thought this was a hit, but I guess not.'"

Things changed when record executive L.A. Reid heard the doo-wop pop song and told Trainor she should be the voice behind it.

He signed the budding songwriter to Epic Records after hearing her sing Bass



Despite initial rejections from other artists and record labels, Meghan Trainor's song, All About That Bass, has become a huge hit, jumping to No. 8 on the Billboard chart and selling close to 400,000 copies. THE ASSOCIATED PRESS

while playing the ukulele.

This week, the song jumped 20 spots on the Bill-

board Hot 100 chart to No. 8. The single has sold 389,719 copies so far in five weeks,

and the music video, which has 10 million views and climbing, has become a water

Positive vibes

"I wish there was a song like this when I was 13."

Meghan Trainor, singer/songwriter
On the positive reaction among teens to her hit song, All About That Bass

cooler topic among young girls and their parents.

Bass features such stand-out lines as "it's pretty clear, I ain't no Size 2," "I'm bringing booty back," and "yeah, my momma, she told me don't worry about your size."

Trainor said Grammy-nominated Kadish, who has worked with Jason Mraz, had the song title but didn't know where to go from there.

"I immediately thought, 'Booty. Bass. Thickness,'" she said.

Trainor, who grew up in Nantucket, Mass., recently moved to Nashville, Tenn. She was signed to a publishing house in Music City, and wrote songs for Rascal Flatts and others.

Now, she's working on an EP and album to capitalize on the breakthrough that Bass

has given her.

Trainor said she's ecstatic and humbled that young teenage girls have gravitated to the song.

"I tear up and I call my mom, like, 'Did you see that? Did you read that one?' because some girls are like, 'I've hated myself. I hated life. I didn't want to go to school. I get bullied. And then I heard your song and I cried,'" she said.

"They say they cried because they're happy and they dance around the room. And I was just like, 'What?' It's crazy."

Bass has given Trainor a boost as well. "I wish there was a song like this when I was 13," she said, adding she's not always confident.

"It's all mostly in my head," she explained. "I would sit there in class like, 'I know they are judging me right now. I know they're picking on me.' ... So it helped me a lot, watching this video and seeing the comments that were positive. It's helped me go up a little bit."

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Winslet's hubby rocks role of stay-at-home dad



Kate Winslet ALL PHOTOS GETTY IMAGES

Kate Winslet's husband, Ned Rocknroll, has reportedly left his marketing executive gig with uncle Richard Branson's Virgin Galactic space tourism concern, according to the Daily Mail. Exactly when Rocknroll quit the gig is a matter of some debate, but it appears he's enjoying being a full-time stay-at-home dad for Winslet's kids and the baby they share: a boy born in December. "Ned is absolutely incredible and he looks after all of us," Winslet has previously said. "The other day, (my son) Joe asked, 'How come there are no other dads in the school run?' And we both went: 'It's because this is the way we're doing it.' The kids really love that."

Ford fit to be Star Wars right Han man again

Good news, Star Wars fans. Han Solo seems to be doing just fine. Harrison Ford was spotted looking fit as ever boarding a private jet in Los Angeles this weekend, presumably heading back to London to continue work on Star Wars: Episode VII after a production-upsetting injury earlier this year. The shooting schedule for the highly anticipated sequel was rearranged to accommodate Ford's recovery time, as the star of the original film trilogy is said to have a significant role in the new installment.



Harrison Ford

The Word

Love burned through \$27M, but that's OK — it was only 'Nirvana money'



NED
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Metro in Hollywood

It's official. Courtney Love has spent more money than any of us will probably ever have. And most of that cash she blithely dismisses as "Nirvana money." The nerve! "I lost about \$27 million," she tells Style magazine. "I know that's a lifetime of money to most people, but I'm a big girl, it's rock 'n' roll. It's Nirvana money; I had to let it go." Well, she could've at least been nice enough to let some of it go in my direction, if she was so eager to part with it. Sheesh. And hell, I'm just a Nirvana fan. Imagine what Krist Novoselic would say. "I make enough to live on, I'm financially solvent, I focus on what I make now," Love



says, adding insult to injury. So where did those millions go? Well, a lot of it came from her habit of mixing prescription drugs and social networking. As you do. Love explains that she'd get

loaded and make remarks on Twitter that would result in people suing her, and she's still working out a few of those libel cases. But don't worry, she's a big girl. It's rock 'n' roll.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Chloe calls whole dating thing 'stupid,' was just hanging out with Becks Jr.

Apparently now that E! News has broken the seal on the purported teenage romance between 17-year-old Chloe Moretz and 15-year-old Brooklyn Beckham, the topic is fair game, as the Sunday Times magazine interrupted an interview with the If I Stay actress to press her on the issue. Only one thing, though: Moretz ain't having it. "I don't even know what dating is at this point. It's all so stupid," said Moretz, who was recently seen enjoying an afternoon of skateboarding with Young Master Beckham. "Why can't you just hang out with each other? Go to dinner if you want to? Why can't you go skateboarding if you want



Chloe Moretz

to go skateboarding with a guy?" Oh, honey. You're going to be asking yourself questions like that for a long, long time.



Jay-Z and Beyoncé

Rumours Jay-Z and Bey are headed for splitsville meant to drive tour to Hitsville

So we've all been watching these mounting gossip items about trouble between Beyoncé and Jay-Z all summer, with word coming that the power couple might file for divorce before their joint tour wraps up next month. But maybe we've all be fools, duped by Bey and Jay using the very gossip mill that made them stars in the first place. Publicist — and pal of the couple — Jonathan Hay tells the Sun that all the divorce drama is an act to drum up business for their On the Run summer

tour. "They are driving interest for the tour. If you look at the timing of these stories, I don't think this is a coincidence," Hay says. "Once the tour is over, they will put a stop to these stories and show everything is fine at home." Only time will tell, of course, as there's only about a month left in the tour. Pretty crafty on Hay's part, honestly, as even if the couple is actually having troubles, he can still claim to be right should they manage to work through them.

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Trapped in the chronic complaining trap? Get out!



People complain because they are bored, unhappy or it has become a habit.
ISTOCK

Tips. Even the most positive people get whiny sometimes. Recognize the reasons why you're doing it so that you can stop

GABRIELLE BERNSTEIN
Author of *Spirit Junkie*

We're bored

When we feel uninspired, we often look for things to complain about.

It can be easier to direct our energy toward something negative than it is to get creative and find ways to stimulate our mind.

The best way to combat this pattern is to redirect your focus. Choose to shift your energy from complaining to celebrating.

For instance, if you catch yourself complaining about the food at lunch, immediately shift your focus onto what you plan to cook for dinner.

Instead of fixating on what you don't like, take back your sense of control and think about what you can create.

When you realize you're capable of effecting change, the urge to complain fades.

Do you have a knack for zeroing in on what's wrong in a situation? Do you tend to focus on what's not working rather than what is? Do you fixate on flaws and let them ruin your experiences?

Heads up: You've fallen into the trap of complaining. It happens.

Even the most positive and easygoing among us can get caught in it.

But you've probably

noticed that complaining doesn't actually make you feel better.

In fact, it usually darkens your outlook and saps your energy. When you find yourself breaking out complaints more often than you're expressing gratitude, turn things around by getting to the core of your behaviour.

There are three big reasons we complain — and simple ways to tackle each one.

We're not happy

Often when we complain about the negativity around us, we're unwilling to look at the negativity within us.

Therefore, we project our sadness outward by complaining about other people, our surroundings, or life in general. It's easier and more comfortable to blame things external to us.

But I'll let you in on an open secret: Facing up to the negativity within is liberating, because you can change it. The simple way out of this pattern is to focus on the good stuff. Proactively choose to focus on what feels good and what makes you happy.

Scientific research backs up the idea that focusing on what makes you happy really does bring more joy, energy and excitement into your life.

Set an alarm for three times throughout the day, and when it goes off do something simple to shift your focus.

It's a habit

Whenever I notice myself complaining, I witness an old habit showing up.

Even though this pattern of behaviour no longer resonates with me, it still pops up sometimes. The best way to change the habit is to witness it and then choose to see it differently.

If you catch yourself in the moment that you're complaining, you can pivot and choose to change your attitude in an instant.

That moment of change establishes a new pattern that creates healthier behaviour. Each time you catch yourself and choose to see things differently, you reinforce that new pattern.

Complaining can be tough to quit. After all, complaining about a situation makes us feel like we're not in charge of it, and therefore that we aren't responsible for working to change it. But escaping the trap is easier than you think and exhilarating, too.

Truth about e-cigarettes

No smoke, no fire?



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

E-cigarettes are hyped as a new tool for butting out.

They are smokeless, have no tobacco, and feature a battery-operated cartridge that warms a liquid that may contain nicotine, water, flavouring and propylene glycol (an alcohol that is heated to create

the vapour inhaled). Ingredients in the cartridges vary, and not all devices contain nicotine. So are they safe?

Best Health magazine's Melissa Greer looked into it for the latest issue of Best Health, on newsstands now.

Dr. Andrew Pipe of the University of Ottawa Heart Institute says some people assume e-cigarettes will help them quit smoking, but "early studies haven't shown significant improvements toward quitting rates."

There's concern that e-cigarette users will use the devices in combination with

cigarettes to feed nicotine addiction, becoming "double users," says Pipe.

More research is also needed to rule out worries around long-term inhalation of the device's ingredients, including propylene glycol and unregulated amounts of nicotine. E-cigarettes with nicotine or that make health claims are illegal here, but some Canadians purchase them online.

Gary Scott Holub, a Health Canada spokesperson, says they have not been approved for use, sale or advertisement: "A company would have to

provide evidence of safety, quality and effectiveness for its product to be authorized."

Without scientific evidence, Health Canada advises against their use, and the Canadian Cancer Society supports this position. As for e-cigarettes without nicotine, they are legal, but regulations for use and safety don't exist.

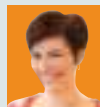
Unfortunately, both types may pose a health risk. "Because they're unregulated, they are manufactured in a variety of settings," says Pipe. "No one has a clear idea of what's in the solutions used."

Could they be a good

thing? Maybe. Dr. Peter Selby, chief of the addictions division at the Centre for Addiction and Mental Health in Toronto, says, "We've known for decades that smokers smoke for the nicotine but die from the smoke. E-cigarettes have the potential to help smokers quit while cutting exposure to the 7,000 chemicals, including 60 that cause cancer, found in cigarettes. There's incentive to study this technology further and consider a Health Canada-regulated product." **PICK UP THE LATEST ISSUE OF BEST HEALTH MAGAZINE, ON NEWSSTANDS NOW. SUBSCRIBE AT BESTHEALTHMAG.CA**

Health Solutions

Include watermelon at your dinner table today



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Who doesn't remember the childhood pleasure of sitting on a porch or stoop and letting watermelon juice run down your chin and wrists as you suck the sweet juice from a wedge?

Now that you are a grown up, though, you have experienced the conundrum of what to do with the rest of the beast when the slurping is done. You'd be surprised.

Watermelon is one of the more intense sources of lycopene (that nutrient that everyone thinks is only in tomatoes!) that is known to help protect hearts and prostates. It is also high in vitamin A to protect the eyes.

High-water-content



fruits and vegetables keep you hydrated and feeling full throughout the day in exchange for very few calories.

Here are some ways to use up the other half:

- Blend into a juice and use for smoothies;
- Blend with greek yogurt and freeze into popsicles;
- Use as you would tomatoes in sandwiches (simply pat dry with paper towel first);
- Grill for 30 seconds on a very hot barbecue as a base for ice cream desserts;
- Use as you would a raspberry puree in marinades and sauces;
- Chop with mint or cilantro and garlic as fresh salsa;
- Mix with feta and balsamic vinegar and serve on a pita;
- Chop into salads as you would strawberries.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @

THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Take ooey gooey goodness on the go

Pack a picnic. Grilled Cheese may not seem like a likely outdoor choice but this sandwich is better when it's cooled

You may not think of using watermelon to bump up a Grilled Cheese but, man, is it good!

The watermelon holds its

Ingredients

- 4 slices watermelon
- 8 slices, 100% whole grain bread, chewy in texture
- Butter
- 2 tbsp (30 ml) mustard
- 6 oz thinly sliced extra-sharp cheddar cheese, divided equally in 4
- 1 1/2 cups (375 ml) baby arugula

AUGMENTED REALITY

→ Scan this photo using your Metro News app to follow along as Theresa Albert gives us some useful watermelon tips!



→ See the full instructions on Metro's Voices page.



This recipe serves four. THERESA ALBERT

water better than tomato. These babies are great on a griddle on a barbecue, in a skillet or a Panini press.

They are best wrapped and served cool!

1. Place the watermelon pieces between paper towels to absorb extra fluid. Set aside.

2. Butter each slice of whole grain bread on outside and spread the mustard on inside, and top with cheese. Top the cheese with baby arugula and watermelon slice.

3. On griddle or grill press, spray cooking spray and grill sandwiches on each side until the cheese begins to melt.

RECIPE ADAPTED BY THERESA ALBERT FROM WATERMELON.ORG

Watermelon's savoury side



This recipe serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

Watermelon's sweet, crunchy flesh lends itself surprisingly well to salad — and, no, not just fruit salad.

The trick is to pair it with foods sporting contrasting flavours and textures. Anything salty and savoury is good.

This simple recipe for spicy watermelon salad with feta cheese and basil is a great start, but improvise as you see fit.

1. Divide the watermelon between 4 serving plates, then top each with a quarter of the

banana pepper slices.

2. Using a mandoline, carefully shave about a quarter of the chili pepper over each plate. Alternatively, you can finely mince the chili, then scatter the pieces over the salads.

3. In a small bowl, whisk together the lime juice, sesame oil and sugar, stirring until the sugar is dissolved. Drizzle the dressing over the salads, then top each with some of the feta, basil and

Ingredients

- 4 cups cubed watermelon (bite-size chunks)
- 1/4 cup jarred banana pepper slices (or other pickled peppers)
- 1 red chili pepper
- 2 tbsp lime juice
- 1 tbsp toasted sesame oil
- 1/2 tsp sugar
- 4 oz feta cheese
- 1/4 cup fresh basil leaves, torn
- 1/4 cup pine nuts, toasted

pine nuts. THE ASSOCIATED PRESS

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Bombers' coach Mike O'Shea has a history filled with silverware with the Argonauts. TREVOR HAGAN/GETTY IMAGES FILE

No 'extra emotion' playing in Toronto

O'Shea returns.

The stellar career as an Argos' player and coach doesn't move the Bombers' boss

He spent 16 years with the Toronto Argonauts as a player and coach, winning four CFL championships — including the historic 100th Grey Cup. But Mike O'Shea isn't feeling any sense of nostalgia in his first game back at Rogers Centre as the Winnipeg Blue Bombers' head coach.

Winnipeg (5-2) visits Toronto (2-4) to cap a stretch of two games in five nights, coming off a 23-17 home loss to the Saskatchewan Roughriders. But not surprising, the 43-year-old O'Shea, a native of North Bay, Ont., downplayed his return.

"It doesn't stir any extra emotion," O'Shea said. "It's

different staying in a hotel before the game and coming into the Toronto airport and trying to find a bus instead of my car."

O'Shea patrolled the middle of Toronto's defence for 12 of his 16 CFL seasons, winning Grey Cups as an Argos player in 1996, '97 and '04 and being named to the franchise's all-time squad.

He became the club's special teams co-ordinator prior to the 2010 season and was a member of current head coach Scott Milanovich's staff when the team beat Calgary 35-22 at Rogers Centre in the 100th Grey Cup.

O'Shea became Winnipeg's 30th head coach Dec. 4, 2013, replacing current Argos defensive co-ordinator Tim Burke, who was fired after the club posted a league-worst 3-15 record.

A decorated player, O'Shea earned the CFL's top rookie award in 1993 with Hamilton and the league's top Canadian

honour in 1999 with Toronto.

He's only one of three players in league history to accumulate 1,000 career defensive tackles but was also a tenacious special-teams player.

Despite his lengthy tenure in Toronto, the Bombers' coach admits he doesn't know where the visitor's dressing room is at Rogers Centre.

"I'll probably take an extra 15 minutes to wander around, that's about it," he said.

O'Shea got the better of Milanovich and the Argos earlier this season as Winnipeg beat Toronto 45-21 at Investors Group Field on June 26 in the season opener for both teams.

Toronto is coming off the bye but won't have rookie slotback Anthony Coombs, who suffered a season-ending shoulder injury in a 31-5 road win in Montreal on Aug. 1.

THE CANADIAN PRESS

Auto Racing

Watkins Glen dirt-track death not criminal: Police

Kevin Ward Jr. died of blunt force trauma when he was hit by a car driven by NASCAR star Tony Stewart.

Ontario County Sheriff Philip Povero says the autopsy was completed Monday. The 20-year-old driver was competing in a dirt-track race in upstate New York.

Authorities questioned Stewart on Saturday night and went to Watkins Glen to talk to him again Sunday. Povero said Monday there were no plans "at this time" to talk to him again.

Povero says there is nothing in the inquiry that supports criminal conduct or probable cause. He says there was no camera in Stewart's car.

THE ASSOCIATED PRESS

AL East

Orioles clobber Yankees 11-3

Chris Davis hit a two-run homer after replacing an injured Manny Machado, and the AL East-leading Baltimore Orioles beat the Yankees 11-3 Monday night to drop New York seven games out of first place.

After Davis put the Orioles ahead in the fifth inning, Nelson Cruz connected with a man on in the seventh and Jonathan Schoop added a three-run shot in the eighth to turn the game into a rout. Cruz now has 31 homers, tied for the major league lead with rookie Jose Abreu of the White Sox.

THE ASSOCIATED PRESS

Following pitch hit

Pirates put McCutchen on disabled list

The Pittsburgh Pirates have put star centre fielder Andrew McCutchen on the 15-day disabled list because of a broken rib after waiting a week to see how it would heal.

McCutchen's move was listed as Aug. 4, the day after he left a game at Arizona with pain in his side following a swing. The previous day, he was hit in the same area by a pitch from Diamondbacks reliever Randal Delgado.

THE ASSOCIATED PRESS

Week 8



Bombers at Argos, Tuesday, 6:30 p.m. (TSN)

The Bombers visit the Toronto Argonauts at Rogers Centre for their second game in five nights. But considering they're coming off a 23-17 loss to the Saskatchewan Roughriders, being forced to quickly purge the memory banks won't necessarily be a bad thing for Willy and Co.

Winnipeg is still the league's top-passing offence. Toronto (2-4) is well rested coming off the bye but its injuries continue to mount.

Pick: Winnipeg.

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

Aries

March 21 - April 20

Get plenty of rest today because you are going to be super busy towards the end of the week. The planets will confront you with challenges that demand a strong response.

Taurus

April 21 - May 21

Set yourself targets, but don't aim so high that failure is more likely than not. You don't have to be perfect — you're perfect just the way you are.

Gemini

May 22 - June 21

Don't worry if you have not yet made a serious start on an important project because you will get your chance over the next two or three days. Just keep your emotions out of it.

Cancer

June 22 - July 23

You cannot have things your own way all of the time but you will always get another chance, so why worry? Look forward today, not back.

Leo

July 24 - Aug. 23

If there are things you still need to do, get working on them today. Tomorrow there will be other issues over which you demand your time and attention.

Virgo

Aug. 24 - Sept. 23

Less than two weeks from now a new solar year will begin and you will no longer be held back by issues over which you have no control. The good times are on their way.

Libra

Sept. 24 - Oct. 23

You need to take life at a more relaxed pace over the next 24 hours. You will have to deal with important issues, of course, but, seriously, there is nothing to worry about.

Scorpio

Oct. 24 - Nov. 22

It won't be long before you have to make a choice between a personal relationship and your work. You will need to focus in a single direction.

Sagittarius

Nov. 23 - Dec. 21

Over the next 24 hours you will have to admit your negative views about a newcomer to your social circle were totally wrong. It seems they are a lot nicer than you thought.

Capricorn

Dec. 22 - Jan. 20

You can transform your existence, but it won't be until the Sun moves in your favour on the 23rd. In the meantime, be patient. Your time will come.

Aquarius

Jan. 21 - Feb. 19

Resist the urge to go to extremes when dealing with people you don't much like or the bad feelings you create may come back at you.

Pisces

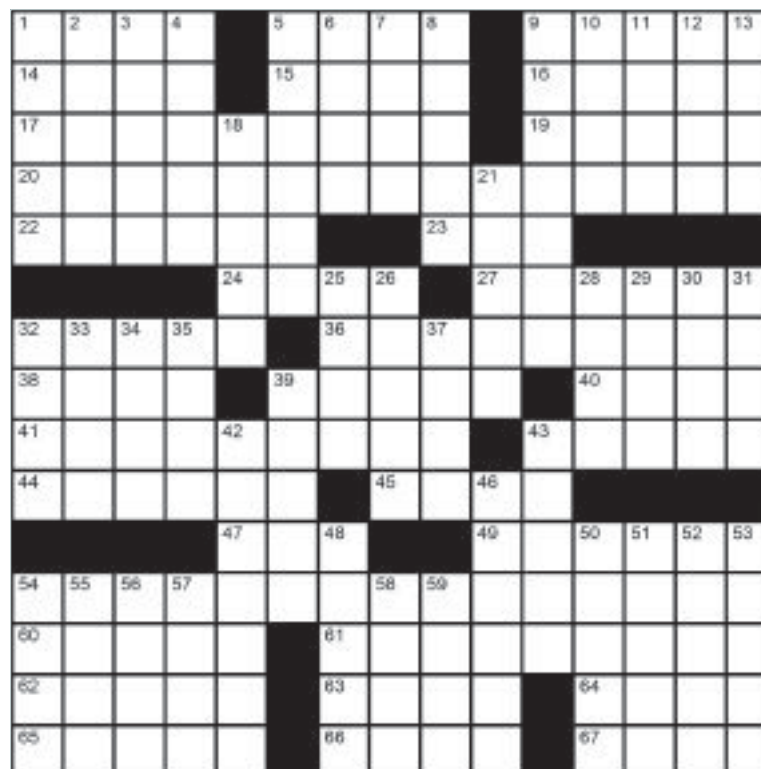
Feb. 20 - March 20

Only you can decide if a relationship is worth carrying on with but you don't have to decide right now. There are still a few twists and turns and surprises to come, so stay calm.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Canadian rapper, see 41-Across for more!
5. Cushy
9. Terra
14. Bathe
15. Advocate
16. Online aid, e.g., _ _
17. Snowy mountain danger
19. Lively
20. Charge led by The Beatles: 2 wds.
22. "Open _!"
23. "I got an ' _' the quiz!"
24. Memo abbr.
27. Manitoba: _
32. Grain Elevators National Historic Site
32. "Say that thou _ forsake me..." — Shakespeare
36. Red River _ (Canadian breakfast serving)
38. Hautbois
39. Workshop machine
40. "Not _ watch!"
41. "The _ Still Lives At Home" (Song by #1-Across)
43. "God helps _ who..."
44. Levi's _ jeans
45. Rob Thomas' "This Is _ Heart Breaks"
47. Universal principle
49. Drives
54. Canadian _ - _ (The English Patient or Life of Pi)
60. Canadian heavy metal band
61. Winnipeg, "The Heart of the _"
62. Vista
63. Gloria's dad, to Meathead



64. Old shipping weight allowance
65. Dispatches
66. Articulates
67. "My king"

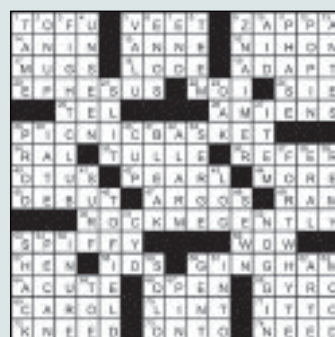
2. _-Aubert (One of Magdalen Islands)
3. J' _; Nous avions...
4. " _ Dawn" by Tanya Tucker
5. Day-to-evening time
6. Philharmonic gr.
7. E-J link

Down

1. Concrete chunks

12. Blinds/shades co., Blinds _ _
13. Kirk _ "Superman" (1948) star
18. Point towards: 2 wds.
21. National Gallery of Canada's striped painting, _ of Fire
25. Comparison word
26. Number-counter's nick
28. David _ ("Rhoda" husband-portrayer)
29. Jay _
30. Pet food brand
31. Leonard _ Roy Rogers' birth name
32. Gateway
33. 'Access' suffix
34. "The Days and Nights of Molly _"
35. Aug. follower
37. Vincent van Gogh's brother
39. Manitoba community
42. Is U2, does this: _ and hums
43. Singer Ms. Terrell
46. Lengths cohorts
48. Killer whales
50. Boucherville 'bridges'
51. "...if _ saw one!"
52. Ocean vessel
53. Seven: Italian
54. Rocker's instrument
55. Newfoundland folk trio, The _
56. Stove
57. Nice
58. Ms. Ephron
59. 'Consist' suffix

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

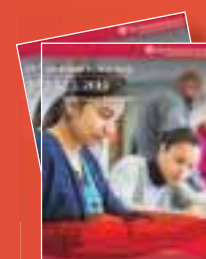
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

5	1	9	2	6	7	8	4	3
2	8	3	9	1	4	6	5	7
4	6	7	8	5	3	1	9	2
1	3	2	4	9	6	7	8	5
9	7	8	5	3	1	4	2	6
6	4	5	7	8	2	9	3	1
8	2	4	1	7	5	3	6	9
3	5	1	6	4	9	2	7	8
7	9	6	3	2	8	5	1	4

	5	1		4				3
	8					9		
9		7		3	6			
		6	3			5		
			1		2			
		3			9	4		
			2	8		7		5
		5					2	
4				9		8	3	





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